

Emergency First Aid Day  
with Colin Fordham

24 March 2018

10:00-16:00 - Cost: £50



Venue:

Orley Farm School  
South Hill Avenue  
Harrow on the Hill  
Middlesex HA1 3NU

The course covers Emergency First Aid, including resuscitation, care of the unconscious and control of bleeding. Colin is a qualified Yoga Tutor, and has been organising First Aid Days for Yoga and Pilates teachers for many years. Colin provides a more relevant approach to First Aid for yoga and Pilates teachers.

Please bring: pen & paper, layers for warmth. Mats are not provided or needed

-----Please detach and retain top half-----

Emergency First Aid Day  
Saturday 24 March 2018  
Application Form – Cost £50

Name.....

E-mail.....

Tel Number.....

Please make your cheque payable to: Monica Burton, 18 Beechwood Avenue, South Harrow HA2 8BY 020 8422 0402 or 07790 941133 or e-mail:monicaburtonyoga@talktalk.net for BACS details.